

PARENT ALERT!

We assume continued enrollment from session to session, and will save your spot in class until you notify us in writing that you will not be continuing. This will allow us to give another student off the waitlist an opportunity to join our classes.

CLASS SCHEDULE

2008-2009



SUN MON TUE WED THU FRI SAT


JUMP N LEAN®



LUNCH BUNCH

Drop-In

A Fitness-Based Nursery School

| | | | | | | |
|---|--|--|------------------------------|-------------------------------|------------------------------|---|
| Diaper Stars 6 mos to 2-1/2 yrs | | | | | | 09:15-10:00a |
| Tiny Stars 2-1/2 to 3-1/2 yrs |  | 04:00-04:45p 04:50-05:35p | 04:00-04:45p | 10:00-10:45a | 05:05-05:50p | 10:00-10:45a 10:05-10:50a |
| Mighty Stars 3-1/2 to 4-1/2 yrs | | 04:00-04:45p 04:50-05:35p | 04:00-04:45p 04:50-05:35p | 10:00-10:45a | 05:05-05:50p | 10:00-10:45a 10:05-10:50a |
| Super Stars 4-1/2 to 5-1/2 yrs |  | 05:40-06:40p | 04:50-05:50p | | 04:00-05:00p | 10:50-11:50a 10:55-11:55a |
| Kinder Stars Kindergarten | | 05:40-06:40p | 04:50-05:50p | | 04:00-05:00p | 10:55-11:55a |
| Girls Gymnastics 1st - 5th Grade NOVIE | <i>underlined times are for the youngest ages</i> | 04:00-05:10p 05:15-06:25p 06:30-07:40p | 04:50-06:00p 06:00-07:10p | 04:00-05:10p 05:15-06:25p | 04:10-04:00p 06:00-07:10p | 09:00-10:10a 10:15-11:25a |
| Girls Gymnastics 2nd - 5th Grade BEGIN | | 04:00-05:10p 05:15-06:25p | 04:50-06:00p 06:00-07:10p | 04:00-05:20p 05:15-06:35p | 04:50-06:00p 06:00-07:10p | 09:00-10:20a 10:15-11:35a |
| Girls Gymnastics All Ages ADV + J. High | | 06:30-08:00p | | 06:30-08:00p | |  |
| Girls Gymnastics High School ADV | | | 07:00-08:30p | | 07:00-08:30p | |
| X-MAAT Martial Art Arts Training |  | | | | | 10:15-11:45p |
| BOYS GYMNSTICS 1st - 5th Grade |  | 06:30-07:40p | | 06:30-07:40p | | 09:00-10:20a 10:15-11:45a |
| Little Stars preschool pre-team | <i>by invitation only</i> | 04:00-06:00p | | 04:00-06:00p | | |
| TEAMS | | | <i>Times are announced</i> | | | |
| CHEERLEADING ...and Tumbling | <i>Private Squad Training</i> |  | 06:00-07:00p | <i>Private Squad Training</i> | 06:00-07:00p | Flip Flop Shop 11:45-12:45p |
| Birthday Parties! | <i>Held between 12:45-05:15p</i> | | | | | <i>Held between 12:45-05:15p</i> |
| Friday-Nite-Fun® | <i>Need to get rid of all of that post op energy? ...Need to take in a quick dinner?</i> | | | | | 07:00-08:30p |
| Tots Tumble Time | 04:30-05:30p | | | | | 12:00-01:00p |
| KIDZWATCH® | <i>HEM ABOUT A DINNER?...AND A MOVIE? THIS IS NOT JUST FOR KIDS...IT'S PARENT'S NIGHT OUT!</i> | | | | | 06:00-10:00p |

GOLD STAR GYMNASTICS • 6707 NE 117TH AVE, D-100
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SINCE 1981...
DEDICATED TO FITNESS FOR CHILDREN
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